

PUBLIC HEALTH PULSE



ISSUE #5 NUGUST 2025

INSIDE THIS ISSUE

- National Wellness Month
- New and Exciting Community Healthcare Kiosk Stations
- Welcome New Staff
- Drug and Alcohol Classes
- Team Member Feature
- National Water Quality Month
- National Immunization Month







National Immunization Month Get your back to school shots!

National Immunization Awareness Month is an annual observation highlighting the importance of vaccinations for all ages. See your local healthcare provider to stay current.

NNPHD is currently working on a vaccination program! Watch for further announcements.

National Water Quality Month

This annual observance is to make aware the significance of clean water and promote water quality issues. Individuals, communities, and organizations need to take proactive steps towards preserving and improving our water resources! Together we can create a healthier environment!

National Wellness Month

It is the time to prioritize your emotional mental, and physical health to better you. Take the time to recharge and rest by taking care of yourself. How? by taking daily walks, spending time with friends, drink more water, or reach out to someone. We have a free program called Health and Habits. We can help you achieve your health goals, give us a call at 402-375-2200.

We are having CPR training August 23, 2025, at 10:00 am located at Community Activity Center 901 W 7th St Wayne. Call 402--375-2200 to sign up. or register online https://forms.office.com/r/GPudTrlxRj

Team Member Feature



Meet JJ Jackson he is NNPHD's Emergency Response Coordinator. JJ comes to our Agency with years of experience in disaster preparedness. He worked with the Omaha Tribe in Emergency Preparedness for a couple of years and Michael Foods for 8 years. He served 26 years in the Air Force, retiring in 2009. He has hit the ground running, creating and establishing relationships in our 4-county area with Emergency Managers. JJ lives in Pender with his wife, Teresa. Together they have 8 kids and 16 grandkids, 2 dogs and 1 cat.





New & Exciting

NNPHD will be offering a variety of health care products at your finger tips. Healthcare products will be available in a kiosk at these 2 locations: 1034 Main St Wayne and 930 Buffalo Trail Winnebago. You will be able to receive on demand products such as Tylenol, First Aid Kit, Test My Drink Strips and many other choices.

Drug and Alcohol Classes

Alcohol Education

Drug Education

Vaping Education

Impacts of Addiction and **Health Consequences**

This once-a-month class meets requirements for court, probation, and diversion programs

September 13, 2025 8:00 am - 4:00 pm 801 Milo Dr Wayne Cost \$125 for 8 hour class





NNPHD Welcomes

Shelley Preston

Shelley and her husband Don, have 2 kids, Courtney and Collin and 3 grandkids. She is originally from Oakland and has lived in Wayne since 1988.

Shelley and Don have both worked for the USDA office in Wayne and are currently retired.

Shelley will be helping us out as a PRN!



NNPHD Welcomes Brittney Uhing

Brittney graduated from Wisner-Pilger High School in 2023. She received her LPN license from Northeast Community College in 2025. She is currently working on obtaining her RN degree with this being completed by 2026. She has 2 Aussies and spends time with her family, friends, and boyfriend.

She will be our Part time Public Health Nurse and is looking forward to working with our communities!



Staff Direct Lines and Extensions

STAFF

Debbie Ussery-Public Health Nurse/DIS 531-519-6433 ext. 215

Jackie Loecker-Public Health Nurse/DIS 531-519-6444 ext. 216

Kalynn Palmisano-Public Health Specialist 531-519-6438 ext. 217

Brittney Uhing-Public Health Nurse 531-519-6319 ext. 203

Sarah Johnson-Program Specialist/DIS 531-519-6411 ext. 218

JJ Jackson-Emergency Response 531-519-6324 ext. 204

Teresa Jackson-Administrative Specialist 531-519-6318 ext. 201

DIRECTORS

Colleen Hupke- Executive Director 531-519-6326 ext. 205

Jill Belt-Director of Operations/HR 531-519-6388 ext. 211

Peggy Triggs-Director of Services 531-519-6374 ext. 210

COMMUNITY HEALTH STAFF

Lindsey Hallgren-Services Coordinator 531-519-6389 ext. 213

Janie Ortega-Community Health Worker 531-519-6342 ext. 206

Stacy Benne-Dental Hygienist 531-519-6353 ext.208

STOP IN FOR FREE TEST KITS

Radon test kits available in our office

Covid test kits available in our office

Contact information on water test kits

CONTACT INFORMATION

Fax 402-375-2201 Confidential Fax 402-487-0519 Main office 402-375-2200